The ideal district population, 39,202, is based on the 2020 Census. HD 13 has 38,980 people, which is -0.57% from the ideal. 24.97% of the people in the district are new constituents.

27.54% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
1.16% of the district is Asian, alone or in combination with one or more other races.
16.2% of the district is Black or African American, alone or in combination with one or more other races.
0.21% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
4.18% of the district is some other race or ethnicity.
5.73% of the district is of Hispanic or Latino origin.

Counties: McIntosh, Muskogee, Wagoner
Cities: Checotah, Haskell, Muskogee, Oklay, Oktaha, Rentiesville, Shady Grove, Summit, Taft, Wainwright
School Districts: Checotah, Fort Gibson, Haskell, Hilldale, Midway, Muskogee, Okay, Oktaha, Porter Consolidated, Wainwright, Warner
Senate Districts: 3, 8, 9
Congressional Districts: 2

Area: 485 square miles
1 inch equals 3.8 miles