The ideal district population, 39,202, is based on the 2020 Census. HD 16 has 38,668 people, which is -1.36% from the ideal. 35.52% of the people in the district are new constituents.

26.75% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
0.93% of the district is Asian, alone or in combination with one or more other races.
10.79% of the district is Black or African American, alone or in combination with one or more other races.
0.19% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
59.45% of the district is non-Hispanic white.
2.99% of the district is some other race or ethnicity.
4.76% of the district is of Hispanic or Latino origin.

Counties: Muskogee, Okmulgee, Tulsa
Cities: Beggs, Bixby, Boynton, Broken Arrow, Bryant, Council Hill, Dewar, Grayson, Henryetta, Hoffman, Leonard, Liberty, Morris, Okmulgee, Preston, Schulte
Senate Districts: 8, 25, 33
Congressional Districts: 1, 2

Area: 686 square miles
1 inch equals 3.99 miles