The ideal district population, 39,202, is based on the 2020 Census. HD 20 has 38,918 people, which is -0.72% from the ideal. 43.69% of the people in the district are new constituents.

14.09% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
1.44% of the district is Asian, alone or in combination with one or more other races.
3.8% of the district is Black or African American, alone or in combination with one or more other races.
0.2% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
74.12% of the district is non-Hispanic white.
5.13% of the district is some other race or ethnicity.
6.98% of the district is of Hispanic or Latino origin.

Counties: Cleveland, McClain
Cities: Blanchard, Cole, Goldsby, Newcastle, Noble, Norman, Slaughterville, Washington
School Districts: Blanchard, Bridge Creek, Dibble, Lexington, Newcastle, Noble, Norman, Washington
Senate Districts: 15, 16, 43
Congressional Districts: 4