The ideal district population, 39,202, is based on the 2020 Census. HD 30 has 38,434 people, which is -1.96% from the ideal.

26.25% of the people in the district are new constituents.

21.03% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
1.23% of the district is Asian, alone or in combination with one or more other races.
5.56% of the district is Black or African American, alone or in combination with one or more other races.
0.21% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
66.98% of the district is non-Hispanic white.
4.96% of the district is some other race or ethnicity.
6.37% of the district is of Hispanic or Latino origin.

Counties: Creek, Tulsa
Cities: Glenpool, Kiefer, Oakhurst, Sand Springs, Sapulpa, Tulsa
School Districts: Berryhill, Glenpool, Jenks, Kellyville, Kiefer, Lone Star, Mounds, Pretty Water, Sapulpa, Tulsa
Senate Districts: 12, 37
Congressional Districts: 1, 3

Area: 87 square miles
1 inch equals 1.26 miles