The ideal district population, 39,202, is based on the 2020 Census. HD 45 has 39,613 people, which is 1.05% from the ideal.

8.56% of the people in the district are new constituents.

12.24% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.

5.58% of the district is Asian, alone or in combination with one or more other races.

10.09% of the district is Black or African American, alone or in combination with one or more other races.

0.35% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.

64.77% of the district is non-Hispanic white.

5.94% of the district is some other race or ethnicity.

8.81% of the district is of Hispanic or Latino origin.

Counties: Cleveland
Cities: Norman
School Districts: Noble, Norman, Robin Hill
Senate Districts: 15, 16
Congressional Districts: 4