The ideal district population, 39,202, is based on the 2020 Census. HD 46 has 39,550 people, which is 0.99% from the ideal. 20.08% of the people in the district are new constituents.

11.35% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
5.96% of the district is Asian, alone or in combination with one or more other races.
6.04% of the district is Black or African American, alone or in combination with one or more other races.
0.33% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
68.93% of the district is non-Hispanic white.
6.53% of the district is some other race or ethnicity.
8.75% of the district is of Hispanic or Latino origin.

Counties: Cleveland
Cities: Norman
School Districts: Moore, Norman
Senate Districts: 15, 16
Congressional Districts: 4