The ideal district population, 39,202, is based on the 2020 Census. HD 49 has 38,523 people, which is -1.73% from the ideal.

10.85% of the people in the district are new constituents.

16.52% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
0.87% of the district is Asian, alone or in combination with one or more other races.
2.78% of the district is Black or African American, alone or in combination with one or more other races.
0.18% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
67.85% of the district is non-Hispanic white.
10.07% of the district is some other race or ethnicity.
12.31% of the district is of Hispanic or Latino origin.

Counties: Carter, Love, Marshall
Cities: Ardmore, Burneyville, Dickson, Greenville, Healdton, Kingston, Lebanon, Leon, Lone Grove, Madill, Marietta, Oakland, Thackerville, Wilson

School Districts: Dickson, Greenville, Healdton, Kingston, Lone Grove, Madill, Marietta School, Plainview, Ringling, Thackerville, Turner, Wilson, Zanies

Senate Districts: 14, 31
Congressional Districts: 2, 4

Area: 1,205 square miles
1 inch equals 6.23 miles

County
House District