The ideal district population, 39,202, is based on the 2020 Census. HD 54 has 40,018 people, which is 2.08% from the ideal.
8.09% of the people in the district are new constituents.

11.52% of the district is American Indian and Alaskan Native, alone or in combination with one or more other races.
4.24% of the district is Asian, alone or in combination with one or more other races.
10.88% of the district is Black or African American, alone or in combination with one or more other races.
0.46% of the district is Native Hawaiian or other Pacific Islander, alone or in combination with one or more other races.
59.91% of the district is non-Hispanic white.
10.7% of the district is some other race or ethnicity.
15.54% of the district is of Hispanic or Latino origin.

Counties: Cleveland, Oklahoma
Cities: Moore, Oklahoma City
School Districts: Moore, Oklahoma City
Senate Districts: 15, 24, 45
Congressional Districts: 3, 4